What is claimed is:

1. A battery, comprising:

a battery element including a cathode, an anode and an electrolyte and being accommodated in a film-shaped casing,

wherein the casing includes a metal layer and a resin layer disposed on a side of the metal layer closer to the battery element with an adhesive layer in between, and

the adhesive layer has a water vapor transmission rate of 800 g/m²· day for a thickness of 25 $\,\mu$ m at 40°C and 90%RH and a thickness of 10 $\,\mu$ m or less.

- 2. A battery according to claim 1, wherein the adhesive layer includes an acrylic adhesive.
- 3. A battery according to claim 1, wherein the resin layer includes a modified polyolefin resin.

4. A battery according to claim 3, wherein

the resin layer includes at least one kind selected from the group consisting of modified polypropylene having a carbonyl group and modified polyethylene having a carbonyl group.

5. A battery according to claim 1, wherein

the resin layer has a thickness of 50 μ m or less.

- 6. A battery according to claim 1, wherein the electrolyte includes a gel electrolyte or a solid electrolyte.
- 7. A battery according to claim 1, wherein the anode includes an anode material capable of inserting and extracting lithium (Li).
 - 8. A battery according to claim 7, wherein the anode includes a carbon material.
- 9. A battery according to claim 1, wherein the cathode includes a cathode material capable of inserting and extracting lithium (Li).
- 10. A battery according to claim 9, wherein the cathode includes a complex oxide of lithium and a transition metal.
 - 11. A battery, comprising:
- a battery element including a cathode, an anode and an electrolyte and being accommodated in a film-shaped casing,

wherein the casing includes a metal layer and a thermoplastic layer with a thickness of 50 μ m or less disposed on a side of the metal layer closer to the battery element.

- 12. A battery according to claim 11, wherein the thermoplastic layer includes a modified polyolefin resin.
- 13. A battery according to claim 12, wherein

the thermoplastic layer includes at least one kind selected from the group consisting of modified polypropylene having a carbonyl group and modified polyethylene having a carbonyl group.

- 14. A battery according to claim 11, wherein the electrolyte includes a gel electrolyte or a solid electrolyte.
- 15. A battery according to claim 11, wherein the anode includes an anode material capable of inserting and extracting lithium (Li).
 - 16. A battery according to claim 15, wherein the anode includes a carbon material.
 - 17. A battery according to claim 11, wherein

the cathode includes a cathode material capable of inserting and extracting lithium (Li).

18. A battery according to claim 17, wherein

the cathode includes a complex oxide of lithium and a transition metal.